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Sprinklers Save Home in 4S Ranch

27 January 2011 No Comments



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(KSFFPD), along with firefighters from Poway and San Diego, responded to a structure fire in ...
 16000 block of Deer Ridge Road in 4S Ranch. When they arrived on the scene, firefighters found the home to be filled with smoke. Upon further investigation, firefighters discovered a small fire burning in the living room. Three fire sprinklers had activated, keeping the fire from spreading. The crews were able to quickly extinguish the remaining flames. The residents, who were home at the time, were asleep with the fire broke out and were alerted to the danger by smoke alarms. They were treated on scene for minor smoke inhalation.

“If not for the functioning fire protection systems in the home, the outcome could have been much worse,” said Fire Marshal Cliff Hunter. “The smoke alarms alerted the family and the sprinklers slowed the spread of the fire, allowing them the time necessary to safely evacuate the home.”

The Red Cross is assisting the family with housing. The exact cause of the fire is under investigation. Damage is estimated to be around \$50,000.

The mission of the Rancho Santa Fe Fire Protection District is “To protect life, property, and environment through prevention, preparedness, education and emergency response.” Formed in 1946, the Fire District now spans approximately 42-square miles and protects over 29,000 citizens. The Fire District currently operates out of four full-time fire stations and serves the communities within and surrounding Rancho Santa Fe and 4S-Ranch.

Provided by Rancho Sante Fe Fire Protection District

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4S Ranch Team Raises \$26,000 in 3-Day

"It's All About the Girlzzz" – a 4S Ranch-based team – raised approximately \$26,000 as part of its participation in the November Susan G. Komen 3-Day for the Cure event.

Along with hundreds of other participants from throughout the area, the 'Girlzzz' trained for months and logged hundreds of miles preparing for the event – involving a three-day walk covering 60 miles to raise funds and awareness for the effort to fight breast cancer.

"We didn't plan on the rain, but inspiration and determination kept us going," said Lisa Davey, a team participant. "We each had a personal connection that inspired us to commit to this event and our expectations were met! It was an inspirational moving experience and we are each better women as a result."

In addition to garnering 370 individual donations to support their efforts, the team members also hosted a shopping night and a special event at Miguel's Cocina in 4S Commons Town Center.

Lynn Aguilera and Tammy Rydahl captained the "It's All About the Girlzzz" team, which included Jennifer Bartolomei, Kristi Burningham, Corinne Campbell, Christine Grabhorn, Elaine Haber, Theresa Lourens, Kathi Rose and Davey.



Fire District Serving 4S Ranch Has New Chief

Tony Michel was sworn in as the Rancho Santa Fe Fire Protection District's new chief in November, filling the role vacated by the retirement of Nick Pavone.

"I am very honored and excited to be presented with this opportunity," said Michel. "I am humbled by the confidence the Board of Directors has shown in me and, while I know the position comes with many challenges, I am looking forward to serving the Fire District in this capacity."

Michel previously served as deputy fire chief with the district.

"The appointment of Chief Michel is well deserved," Pavone said. "He is very enthusiastic about the opportunity and

welcomes the challenge. I am very confident that he will provide a high level of service and be a role model for others."

The vacated Deputy Fire Chief position will remain unfilled until regional reorganizing and consolidation efforts are completed by the district. RSSFPD has 52 full-time employees and provides 26,500 residents fire protection and medical services provided by a dedicated staff of 52 full time employees – including 4S Ranch, Rancho Santa Fe, Fairbanks Ranch, 4-S Ranch, Sun Valley, and Del Dios.



Kids' Care Club Participates in Reading Program

Kids' Care Club Child Development Centers participated in Jumpstart's Read for the Record, an annual global celebration of reading.

Each year a book is chosen and is read to children around the world on the same day. This year the book was The Snowy Day by Ezra Jack Keats which was read on Oct. 7.

Jumpstart is a national early education organization that works toward the day every child in America enters school prepared to succeed. For more information on Jumpstart's Read for the Record, visit www.readfortherecord.org.



Kids Care Club Child Development Centers are nationally accredited programs through the National Association for the Education of Young Children. Care is provided to children six weeks through five years old at the 4S Ranch location, 10414 Craftsman Way. For more information or to set up a tour at the 4S Ranch facility (or the Rancho Penasquitos location), call 858-675-7000 or visit www.kidscareclub.com.

Maranatha Social Draws More Than 300

More than 300 people attended the second annual Father Daughter Social in October at the Maranatha Christian School Gym.

As part of the event, the fathers and daughters entered and were greeted by volunteer "moms" handing out brochures with a list of questions on them. This was for the participants to ask

4S Ranch's Hickerson Chosen As Fire Board Vice President

A 4S Ranch resident re-elected as a Rancho Santa Fe Fire Protection District director will serve as vice president of the board for the next two years.

Thomas R. Hickerson was originally appointed to the board in 2002, before being elected outright in 2002. He was re-elected in 2006 and again last November.

Even though the district does not have specific geographic representatives on its board, Hickerson feels it's important that he lives in 4S Ranch. "I have a better understanding of issues on this side of the district," he said. "I am the only board member living in this area, and I am able to bring local issues to the board."

Hickerson said one of his biggest contributions while on the board was his effort to ensure an ambulance crew was based and manned on a 24-hour basis at the 4S Ranch Fire Station, which drastically reduced the emergency response time in the community.

A former U.S. Navy air traffic controller and a 30-year veteran of the Federal Aviation Administration as a controller, supervisor, staff specialist and manager, Hickerson became interested in seeking an RSFFPD board position shortly after retirement in 1997. "I found I had lots of free time on my hands," he said. "In my younger days, I was a volunteer firefighter in a town near Nashville and also in Savannah. Those were very satisfying experiences, and being on the board allows me to be close to firefighting activities while serving our community."

Born and raised in a small town in Tennessee, Hickerson met his wife of 34 years while working in Oklahoma City – and that's where he first discovered 4S Ranch. "My wife Jan has been a Realtor® for many years, and through her business contacts we learned of 4S Ranch while it was just starting to be developed," he said. "We bought one of the first homes here."

Hickerson also serves on the 4S Ranch Master Association board, the San Diego County Service Area-17 Advisory Board, and the San Dieguito Community Planning Group.

RSSFPD has 52 full-time employees and provides 26,500 residents of 4S Ranch, Rancho Santa Fe, Fairbanks Ranch, Sun Valley, Del Dios and other areas with fire protection and medical services. ■



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VOLUME 31 NUMBER 1 Providing The Ranch with Three Decades of Quality Journalism JANUARY 6, 2011



Rancho Days (File photo).

Rancho Santa Fe: A decade in review

Editor's note: This is the first installment in a two-part series.

By Karen Billing

With fingers blackened by newsprint to prove it, we poured through nine years worth of archives to bring you the stories of the last decade in Rancho Santa Fe (as only the RSF Review has been

covering Rancho Santa Fe for that long and more). It was the best of times, it was the worst of times, but even the worst of times are still pretty darn tolerable when you live in a place as nice as Rancho Santa Fe. Below is a summary of 2000-2004. Look for years 2005-2009 in next week's issue.

2000

- A time capsule was buried in the gardens of the La Flecha House to be opened in January 2100.
- A Fairbanks Ranch home sold for \$22 million, at the time the highest then recorded in San Diego County.
- Construction begins on the \$1 billion Cielo develop-

ment, 1,720 acres off Del Dios Highway. Concerns about traffic and the school population filling up were among issues raised at the time.

- Torrey Pines High School turned 25 years old.
- An intersection redesign added two new stop signs at La

See *DECADE*, page 26

Leaders look back — and ahead

We recently asked local community leaders about the year that was and their outlook on the year ahead.

— Compiled by Karen Billing

Pete Smith, Rancho Santa Fe Association Manager

What was your organization's biggest accomplishment in 2010?

Given the current economic conditions, overall 2010 has been a very good year for the Association as we have been able to put in place all most all of our goals and objectives for the year. For me, the one accomplishment that sticks out from all the others was the final resolve on the

Pete Smith

See *LEADERS*, page 4



CLUBBING ON NEW YEAR'S — Dom and Marie Addario, John and Lucille Lindsey celebrate New Year's Eve at the Rancho Santa Fe Golf Club, where guests were treated to cocktails, hors d'oeuvres and a four-course dinner. See more photos, page 17. Photo/Jon Clark

SB seeks joint ownership of fairgrounds

By Marlena Chavira-Medford Staff Writer

It's official: Solana Beach does not support Del Mar becoming sole owner of the fairgrounds, which it is currently trying to do.

During a Jan. 4 press conference, Solana Beach

Mayor Lesa Heebner said that instead, the city wants to see regional ownership of the fairgrounds. Standing atop the hill at Solana Circle, Heebner told the more than 50 people gathered there that regional control was necessary because the entire region is impacted

by what happens on that property, especially Solana Beach.

"Look behind us," she said gesturing to the fairgrounds sprawled in the background. "The Del Mar fairgrounds isn't just in our

See *SB*, page 7

Five RSF people and issues to watch in 2011

By Karen Billing

Welcome to 2011, Rancho Santa Fe. Here are five people and stories to watch this year.

Pete Smith

In pouring over the last decade of Rancho Santa Fe history, Smith has witnessed and successfully guided the Association through some dramatic times as Association manager. Can you imagine angry, all-day Association board meetings or board director censure and removal happening these days? But those days seem to be long gone as Smith begins his 15th year at the helm of the Covenant. Board directors often remark how easy their job is due to Smith and his staff's hard work behind the scenes.

"It's amazing how much gets accomplished



James Rahon (Courtesy/SDSU)

when a person doesn't care about who gets the credit," said former director Ron McMahon at last year's Annual Meeting. "Pete's that

See *WATCH*, page 26

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RSF resident takes artistry, recycling to new level

By Diane Y. Welch
Contributor

Chuck Bahde could be called the ultimate recycler. On his 5-acre Rancho Santa Fe estate, placed among his self-created drought tolerant landscape, stand his sculptures, crafted from discarded objects and materials. Rather than water, streams, pools and waterfalls are created with blue and green glass, hand-painted rocks and plastic.

Now Bahde has taken his artistry and recycling to a new level with the innovative design of a self-contained, sustainable dwelling he calls "Solar +." The conceptual design serves to be a model for what Bahde calls hybrid living.

The home is made of recycled materials and creates its own energy, saving money and resources, he said. It has three tiers of gardens that may grow produce, designed with solar-powered pods that house the equipment to

control temperature and irrigation. Rainwater is collected from the roof and stored in tanks. Graywater is recycled and reused.

"What started as just another unique sculpture, developed, with vision and imagination, into this concept," said Bahde, 84, who was an industrial architect by trade and a graduate of the Institute of Design in Chicago in 1948, when the German philosophy of Bauhaus design was introduced into the U. S.

"They were the leaders in 'form followed function,' and that has influenced all my design," he said.

Bahde's scale model of Solar + exemplifies this design philosophy and serves as the prototype for what he hopes will be the home of the future. Its design is sculptural, horizontal and modular. Large, light-weight prefabricated solar panels, made from recycled plastics, fit



Chuck Bahde with his 'Solar +' model. (Photo/Diane Y. Welch)

together to create the exterior walls.

"No lumber is used in this design," said Bahde. Instead light-weight metals, carbon fiber, plastics and composite form a rigid strong frame. Trees are saved and costs are lowered.

The two trapezoid shaped stories are cantilevered and movable to

take advantage of solar and wind energy. Interior spaces are made from panels to create a flexible floor plan that may be altered as needed and provide interior circulation. Large windows are made from recycled glass with built-in blinds.

Security takes a cue from medieval design. Rather than a front door,

the home has a drop-down draw bridge, allowing entry onto the homes grounds by crossing a protective moat. However, other aspects of the design are futuristic.

The ship-like bows and the central opening between the two levels cuts wind velocity and serve to equalize earthquake movement. Between the two stories, three cylinders act as supports, and house stairwells or contain airpowered elevators. There is room on the roof for a heliport and a retractable power windmill.

No detail has been overlooked. The garage includes an electrical charge station for electric vehicles. The interior sharp corners store energy and have built-in fans that maintain thermally-controlled filtered air throughout the building, as well as a state-of-the-art sound system. If there is a lack of sunshine there is back-up of lithium ion

batteries.

Bahde's ideas have developed over many years and have roots in a broad career. He designed pre-fab homes, was an assistant advertising manager, worked for Fox Theater doing displays, designed aircraft, and was in public relations in Europe, where he met his wife, Pilar, who is Swiss and Spanish. They married in 1951. Next June will mark their 60th anniversary. The two came to San Diego in 1959, lived in Ocean Beach and Point Loma, then moved to the Ranch in 1975.

In closing Bahde said, "The Solar + model, for certain would not be accepted by the Rancho Santa Fe Art Jury, but I want to stimulate other architects or other environmentalists to think further about these concepts and to develop them. I don't think anyone else has done it. My dream would be to see this come about."

LEADERS

continued from page 1

Dolan-King saga. The New York properties, that we acquired as a part of our collection efforts, were sold in 2010 which brought to an end our involvement with the Dolan-King family.

What do you see as the most important issue facing your community/organization in 2011?

As for the most important issues facing our organization, there are two. The first is the economy, which is indirectly or directly impacting everyone that lives in our community. Secondly, securing a home for the Patrol. I am confident that we will have a positive resolve to the Patrol location in the first part of 2011. As for the economy, I am less confident that a resolve is in sight but we will continue to work with our members to minimize the impact.

Chief Tony Michel, RSF Fire Protection District

What was your organization's biggest accomplishment in 2010?

This year we took the next step in our Cooperative Effort Agreement with the Encinitas, Del Mar, and

Solana Beach Fire Departments, which allows us to share certain expenses, services, and training opportunities. The fire district strives to provide the highest level of service to its community and this next step in the cooperative efforts agreement will assist the fire district in continuing this high level of service.

What do you see as the most important issue facing your community/organization in the coming year, 2011?

The most important issue I believe we will face is our finances. We are continuously monitoring our finances very closely and strive to provide the same level of service while focusing on the needs of the community. With the economic downturn, it has required the fire district to provide the same level of service with less revenue.

What is your New Year's Resolution, personally or professionally?

My resolution is both personal and professional. I aim to complete my degree in fire administration.

Erin Leahey, Rancho Santa Fe Community Center Executive Director

What was your organization's biggest accomplishment in 2010?

The Rancho Santa Fe Community Center's greatest accomplishment in 2010 was changing our business model to cut expenses by almost 50 percent while maintaining high quality programs and staff. Also, faced with financial difficulties, many community leaders stepped up to support the Community Center financially and through volunteering their time to make the Rancho Santa Fe community a better place.

What do you see as the most important issue facing your community/organization in the coming year, 2011?

As we begin celebrating our 40th anniversary, community participation at special events and increasing our revenue through contributions and donations are a high priority as we move into the New Year. We hope to bring the entire community together through a series of events that celebrate our long history in the Rancho Santa

Fe community, honoring our founders and supporters who have played a significant role in our success.

What is your New Year's Resolution, personally or professionally?

My New Year's resolution, personally, is to make more time for the simple things in life. As I go about my day-to-day business, I sometimes lose sight about what is most important, specifically family, friends and overall health.

Matt Wellhouser, Rancho Santa Fe Patrol Chief

What was your organization's biggest accomplishment in 2010?

Maintaining a low crime rate in the village, as well as working with the school to develop a new school traffic plan with minimal disruption to the surrounding area

What do you see as the most important issue facing your community/organization in the coming year,

2011?

Working with the community on the Patrol's office space.

What is your New Year's Resolution, personally or professionally?

Patience.

Ken Noah, San Dieguito Union High School District superintendent

What was your organization's biggest accomplishment in 2010?

Our continued growth in improving achievement for each student in the district. This focused effort has paid dividends in increasing API scores that place our schools in the top 5 percent in the County of San Diego and the State of California. Importantly, we have gone about this work in quiet fashion, doing what we know our community expects from us. And that is to provide a high-quality educational experience for all students with the resources we have.

What do you see as the most important issue facing your community/organization in the coming year, 2011?

Maintaining quality in a time of diminishing resources. This is my third year as super-

intendent of the district. Each of those three years have seen substantial reduction in resources. We are facing a fourth year of dramatic cuts. It is getting more difficult to "raise the bar" on student achievement when we have with classrooms with 40 students.

While our achievement has raised to new levels, I worry about the ability of our teachers to provide the kind of individual attention to students that meet their academic needs, but address important social and emotional aspects as well.

What is your New Year's Resolution, personally or professionally?

To provide positive and dynamic leadership for the staff, students, parents and community of this school district. It is important that we focus on those things over which we have control. Ours is the greatest responsibility of all, and that is to raise the next generation of young people who will inherit the world we entrust to their care.



Erin Leahey



Matt Wellhouser



Ken Noah

DECADE

continued from page 1

Granada and Via de Santa Fe. The "Y" shape wasn't straightened out until this fall, 2010.

• The Association finalized the purchase of 68 acres of the McMorrow property on the eastern boundary of the Ranch for \$1.9 million. It was later named the Arroyo property in 2004 and remains open space today.

2001

• R. Roger Rowe, the Rancho Santa Fe School District superintendent retired after 43 years with the district, 37 years as superintendent. A gala celebration in June for Rowe's retirement drew more than 400 people. At the gala, it was announced the school would now be named R. Roger Rowe School.

Daniel Vinson was named his replacement in July.

• San Dieguito Union High School District Superintendent Bill Berrier also retires after 36 years in the district and 29 years as its superintendent. Peggy Lynch is hired as his replacement in May.

• RSF resident Anthony Principi is sworn in as the nation's secretary of Veteran's Affairs.

• The Rancho Santa Fe Senior Center moves into its new home on La Gracia.

• Santa Fe Irrigation District had a tough year: General Manager Geoff Poole resigned and then Assistant General Manager David Alan Ebert was found guilty of misappropriating over \$100,000 in funds.

• The new RSF Community Center building opens.

• The shootings at Santana High School on March 5, in which two students were killed, sent shockwaves through local schools with some parents calling for metal detectors in the San Dieguito district. Then-Earl Warren Principal Margie Bulkin said, "It is not the time

for metal detectors—it's the time for education. We need to all lock arms and teach love and tolerance."

• Seven candidates vied for three available seats on the Association's board. The highest voter turnout in 10 years saw Bill Strong, John Eggemeyer and Franci Free elected.

• The terrorist attacks of Sept. 11, 2001 hit close to home. Chad Keller, 29, the son of members of the Village Presbyterian Church, was among those killed on American Airlines Flight 77 that crashed into the Pentagon.

Mike Arms, Helen Woodward Animal Center president, was in Washington DC on Sept. 11 and saw the Pentagon attack firsthand.

"I will never forget the look of shock on people's faces, there were a lot of tears and emotions," Arms said. "You just felt that you were violated and robbed of your history, your citizenship."

The local response was overwhelming with fundraisers held and more than 700 people attending "A Star Spangled Evening" benefit at the Village Church.

American flags proudly waved in the village every day after Sept. 11, put out in the morning and taken in at night by residents Bill and Mary Culver.

2002

• A divisive year in the Covenant, with an Art Jury viewed by some as "running amuck" and a younger demographic and growth outside the Covenant filling up the school. A more vocal and critical atmosphere existed, with Association meetings sometimes lasted from 9 a.m. to 4 p.m. By comparison, in 2010, most meetings end in an hour, with very little disagreements or public input.

• It was another dramatic election season as seven candidates vied for two seats on the Association board. Tempers ran hot over flyers and claims that candidates were "anti-Art Jury." A "lively" candidate

forum drew 100 attendees and a variety of colorful claims and accusations." Susan Bromley and Don Sammis would win the seats, the first time candidates nominated by petition, not the board nominating committee, were elected.

• With more than 700 students on the Rowe campus, the school district looked at several potential properties for a new school site: the Sahn property on Camino del Norte; the Quantum site on Del Dios and Camino Del Norte; and the Aliso Canyon site. A \$46 million bond on the November ballot, Prop Y, was rejected by a 56-44 margin.

• Six candidates vied for two spots on the RSF School board, with Kathy Stumm and John Stiker winning the race. Upon leaving, outgoing trustee Lindy Bowman said she regretted not being able to stop the rude, combative behavior that often marred board meetings in 2002.

• A controversial proposal to add two traffic signals on Paseo Delicias at the intersections of Via de la Valle and El Montevideo failed.

• Helen Woodward Animal Center celebrated its 30th anniversary.

2003

• RSF Mail Delivery Solutions opens, allowing home delivery of mail for Rancho Santa Fe residents.

• Demographics suggested Rowe School enrollment could meet 900 students in 2004. Calzada del Bosque and Quantum property are discussed as sites for a new school and plans aim for Prop K, a \$4.8 million school repair bond, in 2004.

• The Rancho Santa Fe Fire Protection District opened a new fire station on Four Gee Road in 4S Ranch. In July, it broke ground on its Cielo fire station.

• Highlighting a rocky period on the Association board, director Don Sammis made a request to access records and documents to investigate an alleged \$50,000 "kickback" related to an Art Jury incident. An independent

investigator was hired to look into the allegations. After an extensive investigation, the board found no merit in the accusations and voted to censure Sammis in June.

Sammis also underwent enforcement proceedings for failing to submit a complete application for subdividing his property. The board censured him for a second time in December and called for an unprecedented community vote to decide on whether to remove him from the board, citing his behavior as characterized by "confrontation, disruption, dissension, accusation and obstruction."

753 ballots were cast in favor of ousting Sammis and he was removed from the board.

• Paul McCartney played as special performance at Delicias restaurant in RSF for resident Wendy Walker's 50th birthday.

• Jim Depolo was appointed to the RSF School board after trustee Michael Kreiss resigned due to a move.

• RSF School principal Glenda Sumida retired after 39 years with the district.

• Retired Rancho Santa Fe Fire District Chief James Fox died at the age of 87. He led the district from 1957 to 1981.

• Six candidates vied for two Association board seats, with Ron McMahon and Ken Bien elected.

• Tiger Woods and Phil Mickelson played Rancho Santa Fe's Bridges golf course for the Lincoln Financial Battle of the Bridges, a charity tournament. Mickelson and Sergio Garcia won the tournament.

• Residents Holly Manion and Anne Marie Weller fought against Sprint cell phone towers in the Covenant. The Association would pledge money toward fighting Sprint's proposal and the county would back their opposition that sites not be approved without full-scale environmental report. Sprint withdrew 10 applications in 2004.

• Rancho Days celebrated its 10-year anniversary.

• Horizon Prep School opened on El Apajo, ground

breaks on the new Canyon Crest Academy in Carmel Valley.

• Residents reacted to "The Fire Siege of October 2003," when 15 wildfires raged throughout Southern California. The Cedar Fire burned 280, 278 acres, destroyed 2,232 homes and killed 15 people in San Diego County. Rowe students raised \$13,711 for the American Red Cross and a community-wide donation drive was held during the holiday season.

2004

• The Rancho Santa Fe School Board does not renew superintendent Dan Vinson's contract after he served nearly three years. Board members did not disclose the reason. Lindy Delaney, then-director of student and administrative services, was named interim superintendent in March. Her position was made permanent in October.

To help with Rowe's infrastructure needs, Prop K passed in the March election with 63 percent of the vote.

• Holly Manion won a short-term Association board seat to replace the ousted Sammis. Six candidates vied for four spots on the board in May and Ken King, Steve Heidel, Donna Ferrier and Jane van Praag won the election. Outgoing president Ken Bien promised, "A new day has dawned."

• Solana Beach School District Superintendent Ellie Topolovac retired after 38 years in the district and nine as the superintendent.

• Earl Warren Middle School turned 50 years old. Created in 1954, the school was considered to be named after Richard Nixon and early San Dieguito settlers Juan Maria Osuna and Andres Ybarra. The board chose Warren, the former California governor then serving as chief justice of the U.S. Supreme Court—it was three months after the controversial decision of Brown vs. Topeka School Board of Education which banned segregation in schools. Warren would visit the school

in the early 1970s before his death.

• Also celebrating their 50th anniversary, The Country Friends organization.

• Maureen Cassarino debuts the children's theater program at the Rancho Santa Fe Community Center; 19-year center director Pat Merino retires.

• RSF resident Phil Mickelson wins the PGA Masters, donning his first green jacket. He would win again in 2006 and 2010.

• Mille Fleurs celebrates 20 years of fine dining in the Ranch. Also celebrating a 20th anniversary was the Rancho Santa Fe Historical Society.

• President Ronald Reagan died on June 5 and Rancho Santa Fe residents Gerald and Robin Parsky attended his "heartwrenching yet beautiful and majestic" funeral. Gerald Parsky was a member of Reagan's treasury department and is a trustee of the Ronald Reagan Presidential Foundation Board that runs the library and museum near Simi Valley.

• Kerman Beriker is appointed general manager of The Inn at Rancho Santa Fe and Mike Bardin becomes general manager at the Santa Fe Irrigation District.

• Cindy Schaub comes to R. Roger Rowe as the elementary school principal. Currently she is the district's associate superintendent.

• In July, the last 4.5 miles of State Route 56 opens, linking Interstate 15 with Interstate 5. City Councilman Brian Maienschein said, "This will allow people to get home five or 10 minutes quicker...and just have time for their quality of life rather than sitting in traffic."

• Canyon Crest Academy opens in September to 372 students. Half of the campus remained under construction and students attended in portables in the parking lot.

• Richard Burdge, Ty Miller and Jim Depolo win seats on the Rancho Santa Fe School Board.

• Bicycles are banned on Covenant trails.

WATCH

continued from page 1

"He means so many things to so many different people."

A new home for the Patrol

In 2009, the Rancho Santa Fe Patrol moved down El Fuego Road from its headquarters at the Rancho Santa Fe Fire Protection District to temporary offices on the Dacus property. Another move, hopefully into more permanent digs, is expected to

be made in 2011. Led by Chief Matt Wellhouser, who celebrated 30 years on the Patrol in 2010, the Patrol is key to Rancho Santa Fe's low crime rate.

The "PAC"

The spotlight is on the new R. Roger Rowe Performing Arts Center, affectionately known as the PAC, which still needs a little money to achieve ultimate completion. Of its \$2 million fundraising campaign, the school remains about \$900,000 short. The PAC still

needs its curtain, premier lighting and sound system (currently they just have the basic school sound and lighting system), risers and seats.

Even without those amenities, the facility has already been sought out for use by a variety of different groups due to its size and location. Look for the PAC to become the venue for more community events this year.

James Rahon

The Torrey Pines High 2009 grad is part of the San

Diego State Aztec basketball team, currently ranked a dizzying seventh in the nation. The 6'5 guard is averaging 7.9 points a game off the bench. Undefeated at press time, the SDSU Aztecs are readying to make a run for the NCAA tournament in March where SDSU has never won a game. It might be worth a trip to Viejas Arena to check out the Aztecs and former Falcon Rahon—their next home game is Jan. 12, taking on UNLV at 7 p.m.

The I-5

A decision is expected this year on the Interstate 5 widening project planned for the freeway from La Jolla Village Drive to Oceanside. Caltrans estimates that by 2030 commute times on the I-5 could increase from 39 minutes to 80 minutes if no improvements are made to the freeway. Their solution includes options to add four to six HOV lanes and Carmel Valley planners have compared the widening to creating a "sea of asphalt." The expansion will have a big

impact on the area—Carmel Valley's planning board believes the project's walls, ramps and bridges could impact the local environment, homes, business and the coastal character of San Diego.

In 2011, Caltrans and the Federal Highway Administration will review and respond to the multitude of comments from the 1,000-plus-page draft environmental impact report and decide whether or not to go through with the project and which expansion option to choose.



RSF's Jere and Joyce Oren donate \$100,000 to Performing Arts Center

Longtime RSF residents and philanthropists Jere and Joyce Oren recently donated \$100,000 to the school's new Performing Arts Center. Among those recently expressing their appreciation to the Orens were: (L-r) Bibbi Conner and Lindy Delaney (with Jere and Joyce Oren) and Carol Warren (far right). Photo/Jon Clark

Attic fire damages home in Rancho Santa Fe

On Jan. 23, at 8:46 p.m., firefighters from the Rancho Santa Fe Fire Protection District (RSFFPD), along with firefighters Carlsbad, Encinitas, San Diego, Solana Beach, and Vista, responded to a two-alarm structure fire in the 17000 block of Calle Corte in Rancho Santa Fe. When they arrived on the scene, firefighters noticed smoke coming from the eaves. Upon further inspection they found a working attic fire and began working to extinguish the fire. It took approximately 40 minutes to extinguish the flames and just under two hours to ensure the fire was completely under control. Eight fire engines, two ladder trucks, one medic unit, one rehabilitation unit, and one battalion chief responded to the incident. No injuries were reported. The residents, who were home at the time, had been enjoying a fire in the fireplace all day. They noticed smoke coming from the attic area near the fireplace and tried to extinguish the fire, but realized it was too large and called 9-1-1. The exact cause of the fire is under investigation. Damage is estimated to be around \$450,000.

Local author has the prescription for spirituality in the healthcare industry

By **Marlena Chavira-Medford**
Staff Writer



Nadine Kassity-Krich

In today's healthcare industry, spirituality tends to be an afterthought. Local resident Nadine Kassity-Krich, however, aims to change that. She and long-time colleague Dr. Jamieson Jones recently co-authored "First, Heal Thyself: How to Survive Spiritually in the Healthcare Industry," a book that examines how the soul intersects with caretaking.

Kassity-Krich has worked as a neonatal nurse, an outreach ambassador at Children's Hospital, and she is a graduate of Leland Kaiser's Integrative Fellowship Program. She met Dr. Jones while working at Children's Hospital, and after discovering that they shared a mutual interest in the roll spirituality plays in the world of medicine — or the lack thereof — the pair began collaborating, often teaming up for lectures and presentations.

The duo has now combined all their knowledge, as well as some anecdotes, into this book. Here, Kassity-Krich talks about the impetus behind this book, and what she hopes readers gain from it.

Why did you want to write this book?

We initially wrote this book for healthcare providers to re-instill the focus on why we all went into this business, before it got muddled with business, government, and HMOs. A lot of colleagues get burnout because they're facing life-threatening situations on a daily basis, so it's

an emotional rollercoaster. But if we can shift our perspective, then we can see our work as a spiritual learning experience instead of something that drains us. If we can teach the patient something and, in turn, we can take a spiritual lesson from the patient, then it's a win-win for both parties. I call it reciprocal healing. And it doesn't matter what faith you are, we can all take spiritual lessons from each other.

It sounds like a neat concept. Do you think it's applicable to others outside the healthcare industry?

Yes, I do think there's something for everyone in this book. As I got deeper into the writing process, I realized that this book is really applicable to everyone because all of us have been caretakers at some point — whether it's been caring for a young child, an aging parent, or just ourselves.

What do you think the healthcare industry would look like if spirituality were in the equation?

It would not be chaotic or based on crisis-management, which I think it is right now. If you look at indigenous cultures, which do involve spirituality in their healing, there is a peaceful acceptance of life's challenges and the passing of life. I think we could learn something from that. In our culture, we're so wound up, so busy all the time. Most patients get about 7 minutes in the office. But if we learned to be more connected, to honor each other's feelings, I think the whole experience would change. In the end, I think all patients really want to be heard, and to feel connected and honored.

See **AUTHOR**, page 15

How do we love thee? Let us count the Valentine festivities.



Celebrate Valentine's Day all month at The Grand Del Mar. From a decadent chocolate and wine tasting to romantic spa time for two and a sumptuous, four-course tasting menu at Amaya, The Grand Del Mar has something for you and your special someone this February.

Pas de Deux
A Culinary Class at Amaya
Wednesday, February 2, 6:30pm – 8:30pm
Set the stage, and the table, for the most romantic evening of the year with some tips and recipes from the experts — Amaya's Chef Camron Woods and his wife, Assistant Pastry Chef Mary Catherine Woods.

Chocolate & Wine Tasting
Friday, February 11, 5:00pm – 8:00pm
Like chocolate and wine, sweet, decadent love shared between two is a match made in heaven.

Valentine's Day Dining
Monday, February 14, 5:30pm – 10:00pm
Love the epicurean way. Spend Valentine's Day dining at Addison or Amaya.

Couples' Golf Clinics
Select Saturdays in February 2/12, 2/19, 2/26
Create the perfect twosome and join The Grand Club pros and wine team for a round of robust reds, crisp whites and lush greens.

Cupid's Classic
Available during the month of February
Indulge a deux in San Diego's only Five-Star/Five Diamond spa in the quiver of the romance-infused couple's suite.

Looking for a romantic Valentine's getaway close to home? Explore our overnight packages, including Ain't Love Grand — the ultimate lovers' escape.

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Fire Damages \$3 Million Rancho Santa Fe Home

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No Injures Reported

POSTED: 11:28 pm PST January 23, 2011

UPDATED: 4:31 am PST January 24, 2011

RANCHO SANTA FE, Calif. -- Rancho Santa Fe firefighters along with firefighters from five other departments battled a non-injury attic fire that caused nearly half-a-million dollars in damage to a house, a fire official said Sunday.



The call about the fire on the 17000 block of Calle Corte was made at 8:46 p.m. Sunday, said Julie Taber, spokeswoman for the Rancho Santa Fe Fire Protection District.

"When they arrived at the scene, firefighters noticed smoke coming from the eaves," Taber said. "Upon further inspection they found a working attic fire."

It took about 40 minutes to put out the flames and just under two hours to ensure the fire was completely under control, she said. No one was injured.

Rancho Santa Fe firefighters were assisted by firefighters from Carlsbad, Encinitas, San Diego, Solana Beach and Vista, Taber said

The residents, who were home when the blaze broke out, had been enjoying a fire in the fireplace all day, Taber said. They noticed smoke coming from the attic area near the fireplace and tried to extinguish it themselves. Eventually, they realized it was too large for them to handle and called 9-1-1, she said.

The cause of the fire remains under investigation, Taber said.

The damage estimate was \$450,000, she said.

Do you have more information about this story? [Click here to contact us](#)

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Fire breaks out in Rancho Santa Fe home

Posted: Jan 24, 2011 8:00 AM PST
Updated: Jan 24, 2011 8:00 AM PST



Click image to enlarge

SAN DIEGO, Calif. (CBS 8) - Investigators are working to determine what caused a fire to break out in a home in Rancho Sante Fe.

It happened around 8:30 p.m. Sunday night in the 17000 block of Calle Corte.

Rancho Sante Fe fire officials say the homeowners called 911 after noticing smoke coming from the wall by the fireplace.

They had been using the fireplace throughout the day.

No injuries were reported and the extent of damage is unknown.



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by CHUCK SHEPHERD **ODD FILES**

LEAD STORY

Do Ask, Must Tell (and Show): The Turkish military's legendary homophobia (rare among NATO countries) comprises both zero-tolerance for homosexuality by service personnel and the requirement of rigorous proof by anyone applying for exemption from service by claiming to be gay. (Homosexuality is the only disqualifier from compulsory service for able-bodied men.) In personal experiences recounted for Foreign Policy magazine in December, some gay men seeking exemptions were ordered to verify their claims by producing witnesses to their homosexual acts, or by photographing themselves fully engaged — and to be persuasive to authorities, the conscript had to be depicted in the "receiving" position in sexual intercourse.

The Entrepreneurial Spirit!

- Daring New Products: (1) Introduced at a New York food fair in January (and planned for U.S. distribution later this year): Great Scot International's potato-like chips in the "flavor" of Scotland's "national delicacy" (yes — haggis chips!). (2) Burger King UK's Christmas-season special this year (available briefly in December): a regular Whopper, garnished with a generous helping of brussels sprouts.
- The notoriously isolated North Korean economy only permits new products to be sold as needs arise, and in December (according to a report by Agence France-Presse), the ministries began allowing Western-style "skinny jeans" (having relaxed the rule requiring female workers to wear skirts). Also recently for sale: human fertilizer (owing to the attrition of the animals that previously produced manure for family gardens).
- The SEGA video company's Japan division began test-marketing its new Toylets game in January, designed for men's urinals. With sensors in the basin and a video screen at eye

TURN TO **ODD FILES** ON A6

Kids Korps enjoys helping people, animals

By **Patty McCormac**

RANCHO SANTA FE — A contingent of Kids Korps volunteers converged on the Helen Woodward Animal Center on Jan. 23 to participate in a project of helping ready a puppy for adoption. Before that, they got a tour of the facility, met some animals and learned a few things about each one.

"I like animals because they're cute and really loving," said 11-year-old Lily Lucero while waiting for the tour to begin. "Those are the same traits of nice people, although they do not have to necessarily be cute."

Anna Herrera, director of education at the center, started the tour off with an introduction to Harriett the cockatoo. The snowy-white bird is an award-winning therapy animal that visits hospitals to help cheer patients. The very affectionate Harriett, 25, cuddles close to a person's face and neck and likes to comfort people with limited mobility or paralysis, Herrera said.

Next was Andy the cocker spaniel. Herrera explained that dogs that are to be utilized as education animals must have special traits, like staying calm around large groups or loud noises. She gave a demonstration with Andy.

"Everyone clap your hands and cheer," she said. The kids complied and made quite a racket. Not only did Andy not become alarmed, it looked as though he was about to take bow.

Snack the miniature horse was next on the agenda. Snack, 29, grew up in a home with children. When the children grew up and moved away, he was donated to the animal center, Herrera said. There he lives quite happily



FURRY FUN Callum Furman, Owen Baer and Lily Lucero pet Andy the cocker spaniel held by Anna Herrera, director of education at the center. Photo by **Patty McCormac**.

getting lots of pets from visitors, like the Kids Korps members. All of the children said they really like helping others and they that they love animals.

"I think animals should be treated just like people, with respect," said Maddy Israel, 13, who volunteers with Kids Korps at the San Diego Food Bank, performing duties like sorting and stacking.

Owen Baer, 10, a four-year veteran of Kids Korps, said he volunteers at the Bread of Life in Oceanside where he helps serve meals to the homeless and then helps turn the dining room into a shelter at night.

"I like helping homeless people feel better," he said. For many of the children,



PUPPY PREP Maddy Israel pets puppy Parsley while Anna Herrera explains the importance of socialization for puppies, which gives them a better chance for adoption. Photo by **Patty McCormac**.

TURN TO **KIDS KORPS** ON A13

School construction winds way down

By **Patty McCormac**

RANCHO SANTA FE — The construction of the new R. Roger Rowe School is down to the nitty gritty.

"We've got the punch list down to the smallest list and we are ticking away at it," Tim Ireland, project manager, said.

The major problem now is that all the outside metal steps were ordered galvanized, but did not arrive that way and nobody noticed until after they were installed.

"After the rain we've had, and some scratches, we noticed rust," Ireland said.

He said the stairs are not a safety issue, but it is a monetary issue, because they would have to be replaced sooner than would have been necessary if they had come galvanized.

"It's black and white," Ireland said. "They (the subcontractor) blew it."

He said he has contacted a leading corrosion expert to help decide what course to take as far as how long the stairs will last.

"We will back charge the contractor for that cause," he said.

In addition, and not related to the outside steps, a few concrete steps have been replaced, some leaks repaired and drainage issues fixed.

"It will probably be six months before we have the final nut of what this project cost," he said.

Construction was on schedule and on budget, but the project is in the last of the nit-picking phase now, which involves finishing the punch list and negotiating with con-

tractors about change orders and charges.

In other school board news, Superintendent Lindy Delaney said that California Gov. Jerry Brown is making some cuts and changes to the state's budget because of the \$25.4 billion dollar shortfall and she does not know yet how Rancho Santa Fe will be affected.

"I don't jump up and down until I see it in writing," she said.

Delaney said she had accepted a check in the amount of \$9,300 from the Rancho Santa Fe Foundation to help in the completion of the school's performing arts center.

Board member Jim Depolo asked if that was \$1.1 million in the door, to which Delaney said yes.

The school's performing arts center opened without permanent seats and a curtain among other things, but the foundation has pledged to help make up the difference.

The board also saw a presentation about a new student information system by Ben Holbert, director of technology, who said the new system would be more efficient, provide portals for parents and reduce and help consolidate the number of systems throughout the district.

The board also approved the purchase of iMac computers for the physical science classes, funded by the Robert Jaffee Foundation, not to exceed \$12,948.

It also accepted the donation of a Leica DN500 Binocular Microscope valued at \$1,500 from Dr. Alan Bank.

Attic fire damages home in Rancho Santa Fe

RANCHO SANTA FE — Firefighters from the Rancho Santa Fe Fire Protection District along with firefighters from Carlsbad, Encinitas, San Diego, Solana Beach and Vista, responded to a two-alarm structure fire in the 17000 block of Calle Corte in Rancho

Santa Fe on Jan. 23.

The fire, which began around 8:45 p.m., sent smoke coming from the eaves and was determined to be centered in the attic. The blaze was extinguished in about 40 minutes and was completely under control in about two hours.

Eight fire engines, two ladder trucks, one medic unit, one rehabilitation unit and one battalion chief responded to the incident. No injuries were reported.

The residents, who were home at the time of the incident, had been enjoying a fire

in the fireplace all day. They noticed smoke coming from the attic area near the fireplace and tried to extinguish the fire, but realized it was too large and called 911. The exact cause of the fire is under investigation. Damage is estimated to be around \$450,000.

County sex offender audits on the rise

By **Shelli DeRobertis**

COAST CITIES —

About 4,000 sex offenders are registered in San Diego County, and more than half of them received a knock on their doors last year by the San Diego Sexual Assault Felony Enforcement, or SAFE Task Force, which is more than double the number of offenders who were visited by authorities in 2009.

The audit numbers were released earlier this month, and show that from Chula Vista to Oceanside almost 1,000 more sex offenders were personally contacted in 2010 than in 2009.

SAFE provided manpower to nine local police departments, including Carlsbad and Oceanside, for audits performed in the region.

Every city and sheriff's department in the county has sex offenders assigned to them from the state, said David Collazo, multi-agency supervisor of SAFE.

When sex offenders are released from prison, they must tell prison officials where they are going to reside, he said.

"They're required within five days to register with the police department or sheriff's station when they get out of prison," he said.

The offender must also keep authorities informed of what vehicle they drive and where they work.

"But what they give us isn't always accurate," Collazo said.

That's when the audit becomes an essential part of the monitoring process performed by SAFE, which includes the tracking of sex offenders from an array of agencies such as state parole, the county's district attorney and parole, California Department of Justice and local law enforcement agencies.

Aside from the SAFE Task Force, there is a lot of overlap from the different agencies that participate in monitoring sex offenders, said Lt. Kelly Cain of the Carlsbad Police Department.

When a sweep takes place and registered offenders are contacted at their noted residence, members from agencies throughout the county participate, he said.

Carlsbad participated in a sex offender sweep in 2010 before and after Chelsea King went missing, Cain said.

Chelsea, 17, disappeared Feb. 25, 2010, while jogging at Rancho Bernardo Community Park. Chelsea's body was found in a shallow grave near Lake Hodges shoreline on March 2, 2010.

Her disappearance came one year after Amber Dubois, 14, who was still missing after never showing up to Escondido High School one day.

Amber's body was also

TURN TO **AUDITS** ON A15



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 The North County Times - Californian

RANCHO SANTA FE: Home damaged in fire

North County Times wire services | Posted: Monday, January 24, 2011 10:19 am

Rancho Santa Fe firefighters along with firefighters from five other departments battled a non-injury attic fire that caused nearly half-a-million dollars in damage to a house, a fire official said today.

The call about the fire on the 17000 block of Calle Corte was made at 8:46 p.m. Sunday, said Julie Taber, spokeswoman for the Rancho Santa Fe Fire Protection District.

"When they arrived at the scene, firefighters noticed smoke coming from the eaves," Taber said. "Upon further inspection they found a working attic fire."

It took about 40 minutes to put out the flames and just under two hours to ensure the fire was completely under control, she said. No one was injured.

Rancho Santa Fe firefighters were assisted by firefighters from Carlsbad, Encinitas, San Diego, Solana Beach and Vista, Taber said

The residents, who were home when the blaze broke out, had been enjoying a fire in the fireplace all day, Taber said. They noticed smoke coming from the attic area near the fireplace and tried to extinguish it themselves. Eventually, they realized it was too large for them to handle and called 9-1-1, she said.

The cause of the fire remains under investigation, Taber said.

The damage estimate was \$450,000, she said.